

RELEASE OF LIABILITY AND ASSUMPTION OF RISK
Read Carefully – This Affects Your Legal Rights

In exchange for participation in the program by **A Fighting Chance Rape Prevention & Self-Defense for Women (AFC)**, and or use of the property, facilities and services of AFC or **Indianapolis Brazilian Jiu-Jitsu LLC (Indy BJJ)**, I agree to the following:

1. I agree to observe all rules, warnings, and oral directions or instructions given by AFC, its employees, representatives, and assistants.

2. I understand the AFC program has been designed to provide me, or my family member, with the safest and most effective way to survive and escape a physical assault. However, I understand that the instructors cannot guarantee my safety through the use, or misuse, of the techniques taught in the class. I understand that I am responsible for the use of the knowledge and techniques and any possible injury or damages, which could result.

3. Furthermore, I understand that all reasonable precautions are taken during class to provide a safe environment; however, I recognize that there are certain inherent risks associated with practicing self-defense techniques and I assume full responsibility for personal injury to myself, and if applicable, my family members.

4. I further release and discharge AFC and Indy BJJ for injury, loss or damage arising out of my, or my family's use or presence upon the facilities of Indy BJJ or other such facilities used by AFC, whether caused by the fault of myself, my family, AFC, Indy BJJ or other third parties. Further, I agree to waive any cause of action I may have against AFC and Indy BJJ, whether caused in whole or in part by act or omissions of AFC, its agents, contractors, or employees.

5. Furthermore, I indemnify and hold AFC and Indy BJJ, its officers, employees and representatives free and harmless from any and all claims, liability, loss, damage, or expenses, including any attorney or other litigation costs, or medical costs arising out of my, or my family's use, presence, or participation in any training sessions or demonstrations by AFC or Indy BJJ. I agree to pay for all damages of AFC and Indy BJJ, or other such property or facilities used by AFC, caused by my, or my family's negligent, reckless or willful actions.

6. I indemnify and hold AFC and Indy BJJ, its officers, employees and representatives free and harmless from any and all claims, liability, loss, damage, or expenses, including any medical costs arising out of my possession, use, or misuse of any information, methods or products provided to me by AFC and/or Indy BJJ. This includes but is not limited to, any special, indirect, incidental or consequential damages or injury of any kind (including but not limited to life, limb, personal or business income, physical damages, or any other losses whether or not foreseeable).

Please mark one: I DO or I DO NOT give my permission to use participant's image on photographs or video for promotional or instructional purposes.

DATE

NAME OF PARTICIPANT (PLEASE PRINT)

AGE

PARTICIPANT SIGNATURE (PARENT/GUARDIAN, IF UNDER 18)

STREET ADDRESS

CITY, STATE, ZIP

EMAIL ADDRESS

PHONE

EMERGENCY CONTACT

PHONE